

Education "Stop Bullying on Children" at SMP Negeri 45 Makassar

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ABSTRACT

Bullying is behavior negative which results in a person in a state of discomfort/pain and occurs repeatedly. The tremendous impact of bullying will occur on the victim and the perpetrator. The perpetrator will have a strong character while the victim of bullying will feel anxious. In fact, the most common problems are acts of violence that are carried out intentionally by individuals or groups of people with the aim of to hurt weaker victims. The purpose of this community service is that children are expected to be able to know what bullying is and apply stop bullying to children. The method in this service is the lecture method and the practice of bullying cases that usually occur in schools . The target of this service is 25 children. The results of this community service found that children who were given education would implement stop bullying because they already understood the impact it had on victims of bullying. The conclusion is that the community service carried out was successful.

Keywords: Education, Stop Bullying, Children

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INTRODUCTION

Growing up and becoming a teenager, humans as individuals and social beings begin to know the environment more broadly than the family. Individuals begin to interact with many people, including their peers. Lack of socialization by individuals, both from the family and the crowd, will have an impact on the behavioral and psychosocial development of the child. (13) . Bullying is a negative behavior that causes a person to feel uncomfortable/hurt and occurs repeatedly (9) . The tremendous impact of bullying will occur on the victim and the perpetrator. The perpetrator will have a strong character while the victim of bullying will feel anxious (10) .

A survey conducted by *Latitude News* in 40 countries shows that Indonesia ranks second out of five countries with the highest bullying cases (1) . Self-concept is formed from one's internal experiences. Good adaptation of individuals to form a positive self-concept if the individual fails to adapt and affects all aspects of negative self-concept (3) . In fact, the most common problems are acts of violence carried out intentionally by individuals or groups of people with the aim of hurting weaker victims. (8) .

Bullying can occur in the school environment, on the playground and on the bus. Bullying can occur on the way to or back from school. Efforts to increase knowledge in children about bullying is by providing health education. Health education can be done by means of lectures and discussions (5) . Children who are usually victims of bullying are children who have physical conditions (thin, black and smelly), and usually children who are less prominent or passive in class so that they are often ridiculed and ostracized so that victims of bullying feel uncomfortable. (12) .

Bullying that can be done by early childhood such as hitting, pinching, mocking, kicking, pulling hair. Perpetrators of bullying who are carried out in school for several years, then they will become criminals when they grow up, while victims of bullying experience psychological disorders (6) . Bullying experienced by children is usually not reported because of fear, children are afraid that the bullies will take revenge (2) . The impact of bullying can result in changes in children, such as a previously cheerful child suddenly turning into a quiet child (4) .

The level of knowledge and awareness of teachers, parents, health service teams and the Indonesian community towards the impact of bullying is still low. The provision of material on bullying prevention must be carried out as early as possible to children who can become perpetrators or victims of bullying (Maria et al., 2021) . Nurses as health professionals can collaborate with schools, nurses can carry out their roles as educators and advocates for children related to preventive actions and efforts and efforts to overcome trauma from bullying. (Suci et al., 2021) .

METHOD

The method of this community service is the counseling method in the form of direct presentation of lecture material to 25 children by using leaflet media , ppt materials and brochures.

RESULTS AND DISCUSSION

Community service activities carried out in the form of counseling with the aim of increasing knowledge about stopping bullying in children. This outreach activity uses the lecture method is delivering material using powerpoint and distributing leaflets explaining the definition of bullying and how to prevent bullying .



Figure 1 . Community service documentation in the form of health education about Stop Bullying in Children which is carried out in the form of counseling using leaflets, lectures and direct practice with examples of bullying in the classroom.



Figure 1&2 . Explanation of Bullying and exposure of cases of Bullying in the School Environment

Table 1. Description

Knowledge Category	Pre-Test		Post Test	
	n	%	n	%
Not enough	18	72	3	12
Well	7	28	22	88
Amount	25	100	25	100

The table above shows that before the education was carried out, there were 18 students (72%) lacking in children's knowledge level, while 7 people (28%). So counseling about stopping bullying in children is very important and after the counseling, it is found that 3 people (12%) of children lack knowledge while 22 people (88%). So it can be concluded that there is an increase in the knowledge that children get after the stop bullying counseling is given.

Table 2. Recapitulation

Form Bullying	n	%
Verbal	20	80
Physique	5	20
Amount	25	100

In the table above there are 2 forms of bullying that occur in children in the form of verbal form as many as 20 people (80%) and physical form as many as 5 people (20%). Showing children more bullying in verbal form in the form of words thrown at their friends that can make children feel inferior and embarrassed.

The core activity in this community service is giving lectures / counseling about the importance of education to stop bullying in children. Submission of material about stopping bullying in children with the effectiveness of the counseling, children and teachers in the school environment can gain knowledge about the importance of education to stop bullying in children.

Students in this outreach activity consisting of children who met the criteria. It can be seen that the children who were present at the time the counseling was held on average did not know what bullying was and the impact it had on victims of bullying. In counseling This leaflet is given about stopping bullying in children so that they can be studied at home, print media is a media that is easy for people to read during the discussion. The evaluation of this counseling was that the children looked enthusiastic and seemed to understand after being given counseling.

The importance of disseminating information to stop bullying in children so that they can monitor and evaluate prevention bullying in children to see awareness in children so as not to bully each other both in the school environment and in any environment .



Figure 3. "Photo Together with the School and the Children who participated Community Service Activities"

CONCLUSION

This community service as a whole is very effective , so that an increase in knowledge is obtained after the " stop bullying in children " counseling is carried out .

Thank-you note

The devotees would like to thank Allah SWT for His mercy so that we can carry out this useful activity to increase knowledge for school children , thank you also to the children involved in community service for their support in the implementation of this community service.

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