

Free Medical Treatment for the Elderly in Pintu Langgit Village, Angkola Julu District, Padang Sidempuan City in 2023

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ABSTRACT

There is enhancement level health on public in Indonesia, caused age hope life increaseso that the elderly (elderly/elderly) group is increasing in number. This life expectancy as wrong an indicator to measure the degree of public health in Indonesia. Purpose of dedication to community, namely to detect early health if there is a health problem in the community elderly age. Examination can be done according to the needs or history of the disease of the elderly. Target program devotion This is inhabitant village Pittu Langgit special his elderly. Method Which used is method education public with counseling, inspection health and gift drug free on elderly. The results of community service activities in Pintu Langgit Village, Angkola Julu District Padang Sidempuan City carried out well with 30 elderly participants. Conclusions of program devotion This that is Public and Participant Elderly follow activity This very enthusiastic in Health check-up counseling activities and the provision of free medicines were carried out well. This matter proven with enthusiastic Elderly in inspection health. After counseling This Suggested topublic specifically age elderly, so that do inspection his health in facility healthclosest by particularly routine control pressure blood, cholesterol, sugar blood and sour tendon.

Keywords: Treatment, Free, Elderly.

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INTRODUCTION

There is enhancement level health on public in Indonesia, caused age hope life increase so that group the elderly (elderly/elderly) are increasing in number. Age hope life this as wrong one dirty indicator for shave degrees health public in Indonesia. projected population elderly in Indonesia between 1990-2025 will go on become 414% And population elderly this approach amount population toddler. Population elderly And amount toddler this categorized as as age No productive, enhancement amount population age no productive This will become burden for productive age group, therefore necessary attention which good against groups this.

Based on data Directorate General Population and Civil Registration (Dukcapil), Indonesian population aged 60 years and over on or Elderly (elderly) amount 30,16 million souls in 2021. Province with the number of elderly people the next largest is East Java, namely as much 6 million soul, Java Middle, that is as much 5,1 million soul, Java West that is as much 4.94 million soul, And Sumatra North ranking to four with resident elderly the highest is 1.5 million people. While the province with the fewest elderly is Kalimantan North, ie only 47,8 thousand soul. after There is Papuan West with amount elderly 70,8 thousand soul, and North Maluku 103 thousand elderly people. Following This is the number of elderly people throughout Indonesia according to group age until end 2021: As much 11,3 million soul aged 60-64 year, As much 7,77 million aged 65-69 year,

As much 5,1 aged 70-74 year, as much 5.98 million aged in over 75 year. According to UU RI No. 13, 1998 chapter 1,2,3,4 about Well-being Carry on age (elderly) that carry on age is person Which has reach the age of 60 years and over who have equal rights in social life, nation and state. According to the Ministry of Health and Social Welfare RI (2001) share period age carry on as follows: (a) Age 45-60 years, referred to middle age (half old or A Teda middle); (b) Age 60-75 years, called elderly (old age or major deceased); (c) Age 75-90 years is called old (old or senior prawasana); and D) Age over 90 years, called very old (very old or deceased final).

Public moment This looked para carry on age as people Which not enough productive, not enough interesting, not enough energetic, easy forget, perhaps not enough worth compared to those who are still in excellent condition, for it is under construction national government has succeed realize results Which positive in various field, that is exists economic progress, environmental improvement, progress knowledge knowledge And technology, especially in the medical or medical sciences, so as to improve the quality of health resident as well as increase age hope life man. as a result amount resident Which aged carry on increase And increase tend to be faster or often referred to as Booming elderly (Nugroho, 2008). Furthermore said by Nugroho There is 3 matter Which affect the increase in life expectancy namely: (1) progress in the health sector, (2) increasing social economy And (3) increasing public knowledge. In development Country Republic Indonesia with the population growth rate high, with an aging population which every year continues to grow, then with thereby in a manner No direct more tall also life expectancy.

The elderly group is seen as groups of people who are at risk health problems. Nursing problem stand out on group this is increasing disability functional physique. Disabilities functional on age carry on is response body in line with increase age somebody and process decline which followed with appearance disturbance physiological, decline function, disturbance cognitive, disturbance affective, And disturbance psychosocial. Benefits one of the health services in public is Integrated Healthcare Center elderly. And counseling health on elderly. Through elderly counseling is expected to help in maintenance health elderly Wrong only one is inspection health in a manner periodically, such as blood pressure, sugar checks blood during cholesterol check, and others other. Should, action checking condition medical done in a manner routine without wait coming problem health. As for objective devotion to public that is for detect more beginning if there is problem health on public Which age elderly. Inspection can done in accordance with elderly needs or medical history. However, if you are already experiencing symptoms of a health problem on body, checking this recommended for done more intensive.

METHOD

Implementation of counseling is wrong one task of a lecturer in carrying out tri dharma college tall for become power health Which professional, as well as can apply knowledge knowledge and skills health in the field. Method implementation Which used on program devotion to public This done several stages and several activities, that is the first time this was carried out was the survey stage. stages this done for obtain data and information which related with program giving free medicine, and cooperating with parties related which felt important by achieved his program devotion to public.

After stages survey end and obtained data and supporting information on activity gift drug free, stages next his that is stages socialization, this stage Can done with method stay in touch with devices village related, explain a little concept and description of the activity devotion Which will held, besides socialization to device village, socialization Also carried out for residents who are entering the age of old age in the village of heaven's door. Next up is Team implementation devotion public explain related with activity counseling. Activity This counseling was held on Tuesday 14 February 2023, o'clock 08.00- 12.30 WIB. Before implementation, especially formerly briefings between committee along cadre health Integrated Healthcare Center. The technical opened registration for elderly Which want to do a check that includes tension blood, check cholesterol, check blood sugar, check acid urates, using coupons to get organized circulation and data collection his. Education public is Wrong One method community service-based research, which where consists from activity sort of counseling, this done for improve understanding and awareness to society will importance health.

Method this more focus on type counseling and form habit on public health awareness. technique collection data done with method observation with parties related, then interview, interview this done so that get valid data from related parties, furthermore documentation become matter which important in gather data. Documentation used as proof and means socialization to public about program

devotion to public Which will held. After get data furthermore done that's it analysis form analysis descriptive-analytical, this technique is a technique Which simple. done that is with describe and synchronize between data obtained with the dedication program will done in Village Pittu Langit Subdistrict Angkola Julu City Padang Sidimpuan.

RESULTS AND DISCUSSION

Anyway results activity dedication to public in Village Pittu Langit Subdistrict Angkola Julu City Padang Sidimpuan carried out with Good. Activity Implementation especially formerly do inspection health Then gift drug free starting at 08.00-12.30 on Tuesday 14 February 2023. Public Which present moment this activity of giving free medicine on average is para elderly Which originate from village pittu sky. With technical register especially formerly in part registration Then get coupon and queue in room Wait. Implementation his on Tuesday, starting at 08.00 WIB until 12.30. Participant Which registered not enough more 30 person elderly. Enthusiasm public in attend activity This show public village Pittu Langit Actually care And notice health, However sometimes For make it happen public hampered in cost section. Matter This in confirmation by a number of participant Which requested argue about health, he confess sometimes-sometimes reluctant do a check health because the cost Which No A little And away, distance between village Pittu Langit with the health center subdistrict. Proven with his enthusiasm inhabitant attend activity gift drug free as well as inspection health, although part from brand a has card BPJS Which It means will get relief, still just they feel reluctant For routine do check health. Socialization program devotion done by lecturer and students D3 midwifery University Afa Royan Padang Sidimpuan to public special his elderly.

Further more on inspection pressure blood, sugar blood, cholesterol and sour tendon, available tools inspection and drugs facilitated by the school, which is used for free medicine activity. Expected after the activity of giving free medicine for the elderly in the village of Pintu Langit, the community the more realize important his check health in a manner periodically, so that can activity well without any disease barriers, and not lazy to look for information on what that feels and looks suspicious inside his health. And if felt trouble with cost health, public urged For not lazy to seek convenience with BPJS or ask Which other.



Figure 1. Documentation Promotion

CONCLUSION

Counseling activities carried out in Pintu Langit Village, Angkola Julu District The city of Padang Sidempuan was well implemented. Public And participant elderly follow activity This very enthusiastic in activity counseling inspection health And giving free medicine is done well. Matter This proven with enthusiastic elderly in medical examination. After this counseling recommended to public specifically age elderly, so that do inspection his health in facility health closest in a manner routine specifically control pressure blood, cholesterol, sugar blood And sour tendon. To avoid the risk of disease- disease Which can lower quality health on elderly. For power health who served in the village of heaven's door so that more notice health elderly with method make cadres for the elderly so that the elderly more controlled his health.

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