

Counseling to Pregnant Women about Danger Signs Pregnancy in Preparation Childbirth in Aek Haruaya Village Subdistrict Portib North Padang Lawas Regency

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ABSTRACT

His height Number death Mother in Indonesia caused by a number of factor health and non-health, for example there are still many births assisted by witch doctor baby or caused by disease or problem nutrition. The maternal mortality rate (MMR) is one indicator of maternal health in Indonesia Still tall when compared to with country ASEAN. Knowledge about the danger signs of pregnancy is very important for mothers to know pregnant if found sign danger pregnancy can quick Possible request help to power health. The aim of this community service is as a form of the tri dharma of higher education and also to increase the knowledge of pregnant women about the danger signs of pregnancy in Aek Haruaya Village, Portibi District, North Padang Lawas Regency. This community service was carried out on January 8 2024 and the implementation went well with the number of participants being 25 pregnant women. It is hoped that after carrying out this activity it can increase pregnant women's knowledge about the signs and dangers that can occur during pregnancy.

Keywords: pregnant women, danger signs of pregnancy, preparation for childbirth.

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The maternal mortality rate (MMR) is one indicator of maternal health in Indonesia. Still tall when compared to with country ASEAN, BATTERY enlarged 262 per 100,000 birth life or every 1 O'clock There is Mother giving birth Which die world eclampsia (13%), complications abortion (11%) And infection (10%). According to results Susenas Province North Sumatra year 2019 show amount Number Death Mother 179 from 302,555 birth live or 59.6 per 100,000 live births, number This experience decline compared to the 2018 Susenas results, namely 186 per 100,000 live births or 60.79 per 100,000 live births. As a result, maternal mortality occurs due to bleeding complications, eclampsia and abortion complications (North Sumatra Provincial Health Office, 2020).

It is very important for pregnant women to know about the danger signs of pregnancy so that if they encounter danger signs of pregnancy, they can immediately seek help from health workers. Danger signs of pregnancy include vaginal bleeding, severe and persistent headaches, sudden blurred vision, severe abdominal pain, swelling of the face and hands, the baby's lack of movement, fever and premature discharge of amniotic fluid (Bela, 2013).

METHOD

The activity was carried out well with a total of 25 participants. This activity was attended by STIKes lecturer Paluta Husada, village head Aek Haruaya, cadres and several community leaders. This activity was carried out on:

Day/date: Monday/08 January 2024

Place : Aek Haruaya village hall

Time : 10.00 WIB until finished

RESULTS AND DISCUSSION

This community service activity ran smoothly and well. This activity begins with a topic presentation then continues with a question and answer session. The audience was also very enthusiastic about the activity because they thought this activity was necessary and could increase their knowledge about danger pregnancy.





Figure 1. Documentation Activity

CONCLUSION

After carrying out this community service activity, the tri dharma activities of STIKes Paluta Husada higher education have been carried out well. And it is hoped that this activity will be successful walk every the year . Expected Mother pregnant routinely carry out pregnancy checks to anticipate the dangers of pregnancy and to prepare well for childbirth.

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